



# Atisha News



Spring 2017

Atisha Buddhist Centre is a Tibetan Buddhist meditation centre, providing opportunities for study and practice of a spiritual path, where people can develop their natural wisdom and compassion.

## COMING UP

**Buddhist Study Group**  
Nagarjuna's - *"Letter to a Friend"*  
starts 4th August

**"Afternoons with Gen-la"**  
12th August / 9th September  
14th October

**Discovering Buddhism**  
with Venerable Lhundrup  
starts 7th September

**5 Day Retreat**  
with Geshe Rabten  
"8 VERSES OF MIND TRAINING"  
29th September to 3rd October

**Atisha AGM**  
8th October



*Atisha Centre's meditation hall and the beautiful Green Tara statue sculptured by Barbara Mclean*



*Venerable Geshe Rabten*



Many thanks to those who have donated to the Kadampa Stupa project so far.

We still need to raise a substantial amount to build the stupa and to fill it with wealth offerings.

If you would like to share in the karma of creating such a merit-producing holy object, please donate: online at [www.atishacentre.org.au/product/donate](http://www.atishacentre.org.au/product/donate) or see back page.

*Also, many thanks to all those kind people who responded to our request for donations for a new water tank.*

**Community Day and Children's Dharma Club**  
13th August,  
10th September  
and 8th October



## NEW STUDY GROUP TOPIC *Begins 4th August 2017*



**Fridays 7:00pm to 8:30pm and  
Saturdays 9:00am to 4:00pm**

## Nagarjuna's *"Letter to a Friend"*

One of the main exponents of Buddhist philosophy, Nagarjuna wrote "Letter to a Friend" to a South Indian king called Surabhibhadra. This is one of many of his texts which include commentaries on sutra and tantra, demonstrating that he himself was practising both.

This text focuses on the six perfections, and, like the king, is aimed at those of us with busy worldly lives, who wish to integrate the teachings into them.

*(see page 4 for dates and details)*

Atisha Buddhist Centre recognises His Holiness Dalai Lama as its spiritual leader. It is affiliated with the Foundation for the Preservation of the Mahayana Tradition (FPMT), a network of international Buddhist Centres. It is a registered non-profit incorporated association. ABN: 44 568 476 377

## ATISHA CENTRE DIRECTOR RUBY KARMAY



**Dear Venerable Sangha,  
Members, Friends and  
Volunteers,**

Great respect and gratitude to Geshe Rabten for his teachings! How fortunate and blessed we are to have the presence of such a wonderful spiritual friend and teacher. The

commentary on "37 Practices of Bodhisattvas" is coming to a close. At the end of each verse it says, "This is the practice of bodhisattvas". Gen-la constantly reinforces the need to aspire and engage in becoming a bodhisattva and the importance of turning the mind to virtue as a daily habit.

Venerable Dorje has just received confirmation that his visa for Australia has been accepted. Thank you Dorje for staying with us. You are an inspiration and a joy to listen to. Kathy Rice has been assisting Geshe Rabten twice a week with learning English.

We now have 3 families of choughs that have made Atisha Centre their home. They are regularly seen flocking through the trees and hanging out in groups. They make claypot nests high in the trees.



Nic Auger has joined the board in the position as Secretary. Nic is a trained pastoral care worker and has a keen interest in end-of-life care and developing projects of multicultural harmony. Nic has also agreed to help re-invigorate the "Lama Yeshe Garden". If you have any ideas or are able to help please contact Nic via the Office.

Steve and the garden crew have been clearing an area for a new water tank behind the accommodation block. Ian is covering the caravans to protect against the weather.



Our Kadampa Stupa construction is well under way thanks to Ricciardo from Chenrezig Institute and all the helping volunteers.

Please check out the new website for Lama Zopa Rinpoche's retreat: [www.lamazoparetreat2018.org.au](http://www.lamazoparetreat2018.org.au)

The Atisha Centre annual general meeting will take place on **8th October**, following the Community Day lunch. Please come along and participate.

Thank you everybody for all the work you do.  
Big love **Ruby Karmay**

## GESHE AND TRANSLATOR

*"Supporting the Sangha Jewel" ~ our treasured  
Geshe Rabten and translator Venerable Dorje.*

**We can work together:**

- Reciting the Golden Light Sutra.
- Offering \$10.00 - \$100.00 a month regularly to the teachers fund or whatever you can afford.
- Supporting our fund raising activities during the year.
- Dedicating your support to the "Perfection of Giving" by remembering emptiness and the causes and conditions for the enlightened mind.

I would like to extend a big thank you to those who have been supporting Geshe Rabten and Venerable Dorje with financial donations. We are truly blessed to have such wonderful teachings from Geshe-la and a skilled and kind translator. Please continue with your support.

You may make a regular, direct deposit to the Teachers' Fund and bank account:

**Bendigo Bank - BSB: 633000**

**Account Number: ACC 127235273**

**Account Name: "Teachers Fund"**

Please mark your donation: **"Geshe Translator Fund"**.  
One-off donations can be made via our website (*back page*).  
Please support Geshe Rabten's wonderful teachings.

You may wish to make specific one off donations to airfares, English lessons or medicines. Please ring the Office.

## THUBTEN SHEDRUP LING MONASTERY

The Yamantaka retreat, lead at the monastery by Venerable Jampa, was a resounding success. The first time a group, long retreat like this has happened at the Centre.

Thanks to the monastery monks who also assisted by providing their meditation hall and accommodation facilities.



**Fire Puja**

## GREAT STUPA

Free family fun - Vegecareian Festival is all about loving food, loving animals and loving life. Vegetarian and vegan stalls, cooking demos, talks and activities to promote vegetarianism, healthy living and animal care. workshops, kids' events - pets welcome.



**Animal Liberation  
and tours**

**Saturday 7th October  
10:00am - 4:00pm**

# WEEKLY PROGRAMME

## Sundays

### BUDDHIST MEDITATION

at Atisha Centre Meditation Hall

10:00am to 11:00am

Guided meditation and short introductory talk. Join us afterwards for tea and refreshments in the dining room; meet people and check out our books and gift shop. Fantastic for beginners and experienced practitioners. ~A nice outing on a Sunday morning!

## Tuesdays

### BEGINNERS' MEDITATION

Anderson Room, St Paul's Anglican Cathedral,  
8 Myer Street, Bendigo.

Enter by the rear - Bush's Lane off Mollison Street

5:45pm to 6:45pm

A great way to unwind after a busy day.

Attendance is by donation

## Fridays

### RELAXATION MEDITATION

Come for refreshments and a chat from 10:00am.

Meditation starts at 11:00am with Carole Donne

Atisha Centre Meditation Hall

## Wednesdays

### LAM RIM TEACHINGS

with Geshe Rabten

7:00pm to 8:30pm

Atisha Centre Meditation Hall

Geshe Rabten, our resident teacher, continues with his excellent, in-depth teachings of the "Graduated Path to Enlightenment" using Patrul Rinpoche's well-known text, "Words of My Perfect Teacher". These teachings are a detailed presentation of the complete path to Enlightenment, an all-you-need-to-know synthesis of the total teachings of the Buddha.

The text is available to buy from the Atisha shop.

# MONTHLY PROGRAMME

## PUJAS AND PRECEPT DAYS

Everyone is welcome to attend these group practices which are held in the Atisha Centre meditation hall. If you know of anyone who has intense suffering, has a life threatening illness, or has recently died, please give details to Atisha Centre Office. You may also sponsor a *puja* for someone who is unwell by providing offerings yourself and/or making a donation (Please see website: [www.atishacentre.org.au](http://www.atishacentre.org.au)).

For further details contact [spc@atishacentre.org.au](mailto:spc@atishacentre.org.au)

Guru Pujas: at 6:00pm

17th and 31st August

30th September

14th and 30th October

Medicine Buddha Pujas: at 11:00am

15th August / 5th September / 10th October

Tara Pujas: at 11:00am

29th August / 26th September / 24th October



For bookings and any other information about our programme, please contact the Atisha Office on 03 5446 3336

## SOUP AND MOVIE NIGHT

All proceeds go to supporting  
Geshe Rabten and Venerable Dorje



Friday 11th August  
and 22nd September

6:00pm to 8:00pm

Suggested donation = \$15.00



## COMMUNITY DAY

### AND DHARMA CLUB FOR CHILDREN

13th August, 10th September and 8th October

On Community Days, our resident teacher Geshe Rabten will give a public talk in the Atisha Centre meditation hall at 10:00am. This is followed by a shared lunch (please bring a plate) in the dining room/courtyard at 11:30am. This is a great opportunity to meet people and find out about the Centre.

**Dharma Club:** This is an exciting children's programme which draws on activities to guide you and the children in your life towards making a positive difference in the world. Please bring along something special to share e.g. food, flowers, drinks, ideas. Dharma Club will be held in the small meditation room from 10:00am to 11:00am.



MON	TUE	WED	THU	FRI	SAT	SUN
	1 Beginners' Meditation 5:45pm Anderson Rm	2 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	3	4 Relaxation Meditation Morning 11:00am Study Group Geshe Rabten 7:00pm - 8:30pm	5 Study Group Geshe Rabten Atisha Centre 9:00am - 4:00pm	6 Meditation 10am
7	8 Beginners' Meditation 5:45pm Anderson Rm	9 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	10	11 Relaxation Meditation Morning 11:00am Soup and Movie Night 6pm	12 Afternoon Teaching with Geshe Rabten 2:30pm	13 Community Day Children's Dharma Club 10:00am Geshe Rabten Morning talk
14	15 Medicine Buddha Puja 11:00am Beginners' Meditation 5:45pm Anderson Rm	16 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	17 Guru Puja 6:00pm	18 Relaxation Meditation Morning 11:00am Study Group Geshe Rabten 7:00pm - 8:30pm	19 Study Group Geshe Rabten Atisha Centre 9:00am - 4:00pm	20 Meditation 10am
21	22 Beginners' Meditation 5:45pm Anderson Rm	23 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	24	25 Relaxation Meditation Morning 11:00am	26 One Day Meditation Course 9:00am-4:00pm	27 Meditation 10am
28	29 Tara Puja 11:00am Beginners' Meditation 5:45pm Anderson Rm	30 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	31 Guru Puja 6:00pm			

## BUDDHIST STUDY GROUP

### "Nagarjuna's 'Letter to a Friend'"

with Venerable  
Geshe Rabten

4th - 5th August  
18th - 19th August  
1st - 2nd September  
15th - 16th September  
20th - 21st October



Friday 7:00pm to 8:30pm and  
Saturday 9:00am to 4:00pm



There is no set fee for these teachings but we suggest an offering to the Centre of between \$5 and \$20 for the Friday night and between \$20 and \$50 for the Saturday. This supports the Dharma, helps to maintain the Centre and keeps the teachings available.

See our website to arrange supper for Friday night, breakfast and lunch for the Saturday: \*

\*NB: Please book this by the Thursday prior to event.

## DISCOVERING BUDDHISM

*Beginning this September at Atisha Centre  
with Venerable Lhundrup*

Module 1 (3 evening sessions & a practice day):

### "Mind and Its Potential"

Total cost for Module 1 = \$80.00  
(less 10% - Members)

Thursday 7th / 14th / 21st September at 7:00pm  
and 23rd September  
9:00am-4:00pm



This course is specifically  
designed for beginners and those  
of you curious to find out more.



*"Awakening all limitless  
potential of your mind,  
achieving all peace and  
happiness"*

When Lama Thubten Yeshe and Lama Zopa Rinpoche transmitted these teachings to their disciples, they imparted a deeply experiential tradition of study and practice, leading thousands of seekers to discover the truth of what the Buddha taught.

This tradition is the core of ...

**Discovering  
BUDDHISM**

Please see website for details

MON	TUE	WED	THU	FRI	SAT	SUN
 <p>Always double check our on-line calendar at <a href="http://www.atishacentre.org.au">www.atishacentre.org.au</a> for the most up-to-date information.</p>				1 Relaxation Meditation Morning 11:00am <b>Study Group</b> Geshe Rabten 7:00pm – 8:30pm	2 <b>Study Group</b> Geshe Rabten Atisha Centre 9:00am – 4:00pm	3 Meditation 10am
4	5 Medicine Buddha Puja 11:00am Beginners' Meditation 5:45pm Anderson Rm	6 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	7 Discovering <b>BUDDHISM</b> Atisha Centre 7:00pm	8 Relaxation Meditation Morning 11:00am <b>Study Group</b> Geshe Rabten 7:00pm – 8:30pm	9 Afternoon Teaching with Geshe Rabten 2:30pm	10 Community Day Children's Dharma Club 10:00am Geshe Rabten Morning talk
11	12 Beginners' Meditation 5:45pm Anderson Rm	13 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	14 Discovering <b>BUDDHISM</b> Atisha Centre 7:00pm	15 Relaxation Meditation Morning 11:00am <b>Study Group</b> Geshe Rabten 7:00pm – 8:30pm	16 <b>Study Group</b> Geshe Rabten Atisha Centre 9:00am – 4:00pm	17 Meditation 10am
18	19 Beginners' Meditation 5:45pm Anderson Rm	20 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	21 Discovering <b>BUDDHISM</b> Atisha Centre 7:00pm	22 Relaxation Meditation Morning 11:00am Soup and Movie Night 6pm	23 Discovering <b>BUDDHISM</b> Practice Day 9:00am-4:00pm Non-Violent Communication Course	24 Meditation 10am
25	26 Tara Puja 11:00am Beginners' Meditation 5:45pm Anderson Rm	27 'Lam Rim' Geshe Rabten Atisha Centre 7:00pm	28 "8 Verses of Mind Training" starts 7:00pm	29 Relaxation Meditation Morning 11:00am "8 Verses of Mind Training" Retreat with Geshe Rabten	30 Guru Puja 6:00pm	

## ONE DAY MEDITATION COURSE



led by  
**Venerable Tsapel**

**Saturdays**  
**26th August**  
**28th October**  
**9:00am - 4:00pm**

Venerable Tsapel continues her very successful one day introductory meditation retreats.

These retreats are open to people of all ages, all faiths (or no faith), all levels of meditation experience.

To make a booking,  
please do so online:  
[www.atishacentre.org.au](http://www.atishacentre.org.au)

For information, please contact  
the Office on 03 5446 3336

Cost for course: \$35.00  
(less 10% - Members)  
BYO lunch



## AFTERNOONS WITH GEN-LA

Following his very successful Saturday afternoon teachings in June and July on the "Truths", Geshe Rabten will continue to teach an afternoon course on one Saturday of each month.

*Suitable for everybody.*



**Venerable Geshe Rabten**

After the teachings please join us for afternoon tea.


**Saturdays @ 2:30pm**  
**12th August / 9th September / 14th October**

The topic of the 12th August afternoon is  
**"Being a Buddhist"**  
A Buddhist's way of thinking and what it means to be one!

**There is no set fee for these afternoons,  
but we like to suggest a donation of \$20**



For information, contact the Office on 03 5446 3336

MON	TUE	WED	THU	FRI	SAT	SUN
30 <b>Guru Puja 6:00pm</b>	31 <b>Beginners' Meditation</b> 5:45pm Anderson Rm	 <div>Always double check our on-line calendar at <a href="http://www.atishacentre.org.au">www.atishacentre.org.au</a> for the most up-to-date information.</div>				1 <b>Meditation 10am</b> <b>8 Verses Retreat with Geshe Rabten</b>
2 <b>"8 Verses of Mind Training" Retreat with Geshe Rabten</b>	3 <b>Beginners' Meditation</b> 5:45pm Anderson Rm	4 <b>'Lam Rim' Geshe Rabten</b> Atisha Centre 7:00pm	5	6 <b>Relaxation Meditation</b> Morning 11:00am	7 <b>Vegetarian Festival</b> 9:00am-4:00pm	8 <b>Atisha AGM</b> <b>Community Day</b> Children's Dharma Club 10:00am <b>Geshe Rabten</b> Morning talk
9	10 <b>Medicine Buddha Puja 11:00am</b> <b>Beginners' Meditation</b> 5:45pm Anderson Rm	11 <b>'Lam Rim' Geshe Rabten</b> Atisha Centre 7:00pm	12	13 <b>Relaxation Meditation</b> Morning 11:00am	14 <b>Guru Puja 6:00pm</b> <b>Afternoon Teaching with Geshe Rabten</b> 2:30pm	15 <b>Meditation 10am</b>
16	17 <b>Beginners' Meditation</b> 5:45pm Anderson Rm	18 <b>'Lam Rim' Geshe Rabten</b> Atisha Centre 7:00pm	19 <b>Discovering BUDDHISM</b> Atisha Centre 7:00pm	20 <b>Relaxation Meditation</b> Morning 11:00am <b>Study Group Geshe Rabten</b> 7:00pm - 8:30pm	21 <b>Study Group Geshe Rabten</b> Atisha Centre 9:00am - 4:00pm	22 <b>Meditation 10am</b>
23	24 <b>Tara Puja 11:00am</b> <b>Beginners' Meditation</b> 5:45pm Anderson Rm	25 <b>'Lam Rim' Geshe Rabten</b> Atisha Centre 7:00pm	26 <b>Discovering BUDDHISM</b> Atisha Centre 7:00pm	27 <b>Relaxation Meditation</b> Morning 11:00am	28 <b>One Day Meditation Course</b> 9:00am-4:00pm	29 <b>Meditation 10am</b>

## 5 DAY RETREAT WITH GENLA

### "8 VERSES OF MIND TRAINING"

with teachings from Venerable Geshe Rabten

**Thursday 28th September to Tuesday 3rd October**

{starts 7:00pm Thursday 28th}



**Original text by  
Geshe Langri Tangpa**



**Venerable Geshe Rabten**

*Teachings, meditations, discussions suitable for all.  
Everyone is most welcome.*

The cost of the retreat is by donation only. There will be no specific charge for the retreat or for the teachings.

We will seek sponsorship for our costs. Please note accommodation and food will be available.

**The retreat will be led by Venerable Lhundrup**

For information, contact the Office on 03 5446 3336

## Members and Volunteers WANTED!

If you are not already a member of Atisha Centre, please consider becoming one. Through membership you support and keep the Centre going which in turn preserves and perpetuates the Dharma and its availability.



Also, we are always in need of volunteers to help run the Centre - co-ordinating courses and events, working in the grounds, helping in the shop and many more activities.

**Please contact the Office for both  
these areas - on 03 5446 3336**

Our teachings are recorded. If you are unable to attend a session or would like to re-hear the teachings, the audios can be accessed online at:

[www.atishacentre.org.au/programme/publications-and-audios](http://www.atishacentre.org.au/programme/publications-and-audios)

...or you can contact the Spiritual Programme Coordinator on:

**[spc@atishacentre.org.au](mailto:spc@atishacentre.org.au)**



## Cartwright Optometrists & Associates

Serving the Community of Bendigo for Over Sixty Years.

**Our new address: Shop 18 Killian's Walk Bendigo**

### Family Eye Health Care, Bulk Billing

Digital Retinal Imaging now available  
Eye health checks (cataract, diabetes, glaucoma, macula)  
Visual Field Testing, Children's Vision, Contact Lens Fittings  
Prescription Sunglasses, Safety Standard Prescription Eyewear  
Veteran Affairs Provider  
Victorian Eye Care Service (VES) Provider, Government subsidised  
glasses for Healthcare card holders, Pensioners and Aboriginal Communities  
Private Health Insurance Claiming

**Phone 5443 5137** [www.cartwrighteyecare.com.au](http://www.cartwrighteyecare.com.au)

Optometrist: Yien Law BSc.Optom M.Optom (Uni.Melb)

Yien Law is a member and past director of Atisha Centre.



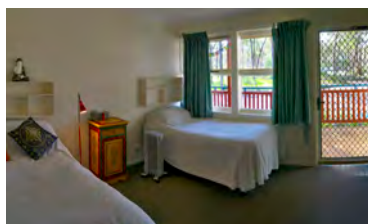
### 'Alaya' Retreat for Rent

Private, quiet, one room shack situated on 35 acres in the beautiful Howqua Valley with river frontage. Perfect for a retreat or some time in

nature. The space is set up. All you need to bring is linen, towels, food and your own personal items.

Nestled between the townships of Mansfield and Jamieson in NE Victoria. Short and long stays are welcome, with very reasonable rates.

**Please contact Nic Aunger: 0402 195 514 or e-mail [nicaunger@hotmail.com](mailto:nicaunger@hotmail.com) for further information.**



### Atisha Centre ACCOMMODATION AVAILABLE

### House of Peaceful Bliss

Two shared rooms with ensuite bathrooms, and five comfortable bedrooms with shared bathrooms.

Hiring the Centre and group bookings available. Accommodation is available for up to 20 people and we offer camping options.

Contact the Office: 03 5446 3336 to book accommodation.

100 Sailors Gully Rd  
Eaglehawk 3556

Phone: 03 5446 1027

## Naturopath

**Robyn McFarlane N.D.**

Bowen Therapy, Remedial Therapy, Homeopathy, Herbs,  
Massage, Iris Diagnosis.

Health fund rebates and pensioner discounts available.



**Clarelee**  
Belgrave Boutique  
Accommodation  
Terry's Ave, Belgrave  
0409 257 280

[www.clarelee.com.au](http://www.clarelee.com.au)  
[lee\\_emmett@hotmail.com](mailto:lee_emmett@hotmail.com)

Half price Monday - Thursday for Atisha Centre  
Members with all proceeds being donated to Atisha  
Centre. Take advantage of this very generous offer from  
**Lee at Clarelee**

## ATISHA CENTRE BOARD

**Director:** Ruby Karmay ~ [director@atishacentre.org.au](mailto:director@atishacentre.org.au)  
**Spiritual Programme Coordinator:** Andy Melnic  
~ [spc@atishacentre.org.au](mailto:spc@atishacentre.org.au)  
**Secretary:** Nic Aunger ~ [secretary@atishacentre.org.au](mailto:secretary@atishacentre.org.au)  
**Treasurer:** Tom Castles ~ [treasurer@atishacentre.org.au](mailto:treasurer@atishacentre.org.au)  
**Machig Labdron Nunnery:** Venerable Tsapel  
**Chairperson:** Peter Lane  
**Other Board Members:** Diane Gee

All Board members volunteer their time and service.

## KEY PERSONNEL

**Centre Management:** Ruby Karmay  
**SPC:** Andy Melnic  
**Office Manager:** Sally Mason  
**Financial Manager:** Wendy Buchan  
**Membership:** Kathy Rice  
**Website:** Andy Melnic  
**Property Manager:** Steve Williams  
**Gompa Keeper:** Peter Lane  
**Kitchen Manager:** Helen Sleswick  
**Accommodation Manager:** Marcus Travaglia  
**Newsletter / Publicity:** Andy Melnic  
**Facebook:** Ingrid Sorum  
**Shop Manager:** Tim Allen  
**EGroups / Archive Site:** Andy Melnic  
**Holy Objects:** Liam Chambers



## MEMBERSHIP UPDATE

Dear Members,

Thank you for your ongoing support of the Centre and apologies for not including some names in the last newsletter. A holiday in Cairns was most welcome. Firstly, welcome and thank you to our new members: Barry Hancock, Diana Forrest, Tom Castles, Lisa Gervasoni, Paul Perrin and Colin Watson. Thank you also to our renewing members: Linley Kerlin, Sally Dudgeon, Kevin and Bernice Smith, John Wright, Peter Korevaar, Robyn Ralton, Maggie Wallace, Brian Ashen and Denis Kenny.

*Kathy Rice, Membership*

**If you would like to become a new member of Atisha Centre please contact the Office on 03 5446 3336**

## CENTRE MEMBERSHIP

### BENEFITS FOR INDIVIDUALS

**Being an Atisha Centre member entitles you to:**

- Subscription to our quarterly newsletter;
- Half-yearly copy of FPMT Mandala Magazine;
- 10% discount in gift shop and on course fees;
- Atisha Centre Library membership;
- Two free nights basic accommodation per year;
- Members' events;
- All voting members may stand for the Board;
- Family and concession membership available;
- Off-peak accommodation rates.

### BENEFITS FOR OUR CENTRE

**Membership fees help:**

- To support the ongoing day-to-day cost of running a Dharma centre;
- To create and maintain the beautiful, serene environment for the study of the Dharma;
- To renew and maintain infrastructures such as the venues for teachings and meditation, the accommodation facility necessary for extended and private retreats, kitchen/dining areas so essential for our programme and community gatherings. and the administration and giftshop facilities.

[membership@atishacentre.org.au](mailto:membership@atishacentre.org.au)



Atisha Buddhist Centre Bendigo



Atisha Buddhist Centre

## KADAMPA STUPA PROJECT

We are presently building a Kadampa Stupa on the grounds of the Centre. Its location is on the north side of the path joining the yellow brick road. It will be 6 metres in height with a 3.4 metre base.

*If you would like to donate to this project, please deposit to:*

**Bendigo Bank - BSB: 633000  
Account Number: ACC 145953428  
Account Name: "Holy Objects"**

*This is a wonderful opportunity to make merit.*



[www.atishacentre.org.au](http://www.atishacentre.org.au)

Phone: 03 5446 3336. Address: PO Box 97, Eaglehawk, Victoria, 3556. 25 Sandhurst Town Road.

Atisha Centre is located just 15 minutes from the heart of Bendigo. Follow the Loddon Highway through Eaglehawk and turn left at the Allies Hotel (Allies Road). Turn right into Sandhurst Town Road.